



## We invite you

to join us for food shares at St Helen's Square in York. We'll be sharing cooked food and hot drinks with everyone who wants some between 8 and 10pm on:

- 17th January
- 7th February
- 7th March
- 4th April
- 2nd May

## What is Food Not Bombs?

Food Not Bombs is an all-volunteer movement that recovers food that would otherwise be discarded, and shares free vegan and vegetarian meals with the hungry in over 1,000 cities in 65 countries to highlight the issues of war, poverty, and destruction of the environment.





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